



World Health Day 2025: Ensuring Healthy Starts for Moms and Babies

Description

By Ynez

The world is observing World Health Day on 7th April, starting with an energetic year-long campaign focusing on maternal and newborn health.

The WHO has chosen the theme of World Health Day 2025: "Healthy beginnings, hopeful futures." It's an initiative to uplift and provide high-quality healthcare facilities for pregnant and lactating women and newborns. It prioritizes gynaecological health and well-being.

According to statistics, 1.9 million stillbirths were globally reported last year, and maternal mortality was depicted by about 40% worldwide between the period of 2020-23. This is mainly due to the improvement in medical facilities. 23 million miscarriages, which is 15% of expected pregnancies, were reported globally in a year.

The goal of the campaign is to raise awareness about maternal and newborn survival and the need to prioritize women's longer-term well-being and provide information regarding pregnancy, childbirth, and the postnatal period.

They also emphasize the mental well-being of new mothers and empower people to support them. As the WHO quoted, "The health of mothers and babies is the foundation of healthy families and communities, helping ensure hopeful futures for all."

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Author

admin